

FamilyMade Tips: How to Read More as a Family



1

Visit your local library for story time: This is usually free and allows your child to interact with other kids, listen to a different book each time, and hear a new person reading to them.

2

Make reading more than a story time with books: Reading can be done anywhere! Read your child signs at the grocery store, recipes as you cook, magazine covers in the checkout aisle, etc.

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Anytime is a good time to read: Story time doesn't have to be before bed, if reading first thing in the morning or after lunch works better for your schedule, that's great!

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Trade in screen time for reading time: Even if it's just for a few minutes, getting your child a new book to read instead of watching a show can be a great way to squeeze in a book when it feels like there's no time.

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Always carry a book: Take advantage of waiting times such as waiting in the car to get a sibling from school, waiting in the doctor's office, waiting at the pharmacy, or a restaurant, etc.

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Play an audiobook: If you don't have time to physically sit with your child due to other commitments, playing an audiobook in the car, while you're making dinner, during independent play, etc. is a great way for them to still get to listen to a story!

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Expand the reading circle: Utilize friends, family members, teachers, and older siblings to read to your child when you're unavailable.

8

Try your best and give yourself grace: Even if you can't read with your child every night, make the most of the days you can by making it extra fun, snuggling up together, or extending reading time.